Map 1 – 3.1 miles Bagel Nosh to Sole Sports

Leave Bagel Nosh and run East on Warner to Sole Sports at Rural & Warner.

Map 2 –6.2 miles Sole Sports South

leave Sole Sports parking lot and run South on Rural, right on Knox, left on path on east side of Hanger Park, follow through series of parks/bike paths, cross Ray Rd., merge into Kyrene and turn left, proceed to Chandler Blvd, and turn left, run to Gila Springs Rd and turn left, veer right onto Galveston, left on Ponderosa, left on Ray Rd., right onto Mill Ave., left on Knox, turn right on Warner Ranch Rd, follow to Warner, turn right and run back to Sole Sports

Map 3 – 5 mile Bagel Nosh, Equestrian

Run West on Warner Elliot Loop to 44th St, turn left. Go to Knox Rd and turn right. Run to 36th St and turn right. Go to Equestrian and turn left. Turn right on Warpaint Dr. Turn right on Kachina Dr and follow to Equestrian Trail and turn left. Go to Warner Elliot Loop, turn right and return to Bagel Nosh.