

### Arcadia 6.1 loop

Run east out of parking lot to 48<sup>th</sup> St and turn left to canal, turn right on canal.  
Follow canal to 68<sup>th</sup> St and turn left. Run to Exeter and turn left.  
Take Exeter to Arcadia Dr and turn left, return to parking lot.

### Arcadia 5.3 loop

Run east from parking lot to 48<sup>th</sup> St and turn right. Follow 48<sup>th</sup> St path to Oak, turn left.  
Run Oak to 56<sup>th</sup> St and turn left. Take 56<sup>th</sup> St north, cross canal and go to Lafayette Blvd, turn left.  
Lafayette to Arcadia Dr, turn left and return to parking lot.