Arcadia 14 miler--Loop 1 (approx 6.75 miles):

Safeway parking lot to 48th St. Left to Lafayette. Left to 44th St. and Camelback Rd. Cross to left side of Camelback, then right up 44th St. to Stanford. Left on Stanford to 40th St. Right on 40th St to San Miguel (on LEFT--not the one on the right). Left on San Miguel. (Turns into 38th Place, then Paradise View) Follow up and around to 40th St. Right on 40th St to Camelback Rd. Cross to south side of Camelback and go left to canal. Follow canal back to 48th St. Right back to Safeway parking lot.

Arcadia 14-miler--Loop 2 (approx 7.25 miles):

Continue (right) on canal past 48th St. to 68th St. Cross bridge to left and take first left on Lafayette. Right at 66th St. Left on Exeter to Launfaul. Right on Launfaul. Left on Arcadia Ln. Left on 46th St. Left on Lafayette. Right on 48th St. Right on Calle Tuberia. Left on Dromedary. Left on Calle Redonda. Right on 48th St. back to Safeway parking lot.